The Sweetest Mango

A Guide for Teachers and Parents

Written by Malvika Shetty

Illustrated by Ajanta Guhathakurta

THEMES

Family & Friends

Social & Emotional Learning

SUB-THEMES

Sharing & Caring

Friendship

Mangoes

Story Discussion Guide

- Understand the importance of sharing in friendships and family relationships.
- Reflect on how acts of kindness strengthen emotional bonds.
- Appreciate how food connects us to culture, memory, and each other.
- Recognize that generosity is a universal value.
- Express their own stories of giving and empathy through creative activities.
- Reinforce the idea that 'whether you live in India, or anywhere else, sharing brings people closer— everywhere in the world.'

Learning Outcome

Before Reading:

- Have you ever wanted something so much that you didn't want to share it?
- How did it feel when you shared—or didn't?
- Write their responses on the board under: "What happens when we share?"

During Reading :

- What does the story teach us about friendship?
- Why were the girls so excited for the mango?
- Why did Suma want to keep the mango to herself? How did she feel afterward?

After Reading:

- Have you ever wanted to keep something just for yourself?
- What do you think made Suma cry?
- Why is sharing important in friendships?

Activities:

- : Students draw a picture of themselves sharing something special.
- Inside a mango shape, write what they shared and how it made them feel.
- Display the mangoes on a classroom tree titled: “Our Sweetest Moments.”

Applicable SDGs

- SDG 4: Quality Education
- SDG 10: Reduced Inequalities
- SDG 16: Peace, Justice and Strong Institutions

SDG Explanation

- SDG 4: Supports social-emotional learning (SEL) and values education through storytelling and ethical reflection.
- SDG 10: Encourages empathy across different lived experiences and backgrounds.
- SDG 16: Promotes peaceful values and ethical thinking from a young age.

ABOUT ZAMASAMA

Zamasama is a nonprofit initiative that curates children's stories from diverse cultures and lived experiences around the world. It gives children a window into other communities—and a mirror that affirms their own, helping children recognize the shared humanity that connects us across differences.

Through narratives that gently challenge biases and broaden worldviews, Zamasama helps children see difference not as a barrier but as a bridge. Through the power of stories, we sow the seeds of pluralism that can grow into a more harmonious world for all.