

The-Archer

A Guide for Teachers and Parents



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THEMES

Biography

Social & Emotional Learning

SUB-THEMES

Sports (Archery)

Perseverance and Determination

Story Discussion Guide

- Understand the basics of archery as a sport.
- Learn about the role of determination and consistent effort in achieving goals.
- Reflect on how physical training and mental focus contribute to success.
- Explore the cultural history of archery and its transformation into a modern Olympic sport.
- Be inspired by role models from different countries and backgrounds.

Lesson plan

This biography-based lesson celebrates the power of sports in shaping lives, especially for girls. Children will discuss the value of determination, learn about archery, and explore how traditional skills are still relevant in the modern world.

Learning Outcome

Before Reading:

- What do you know about archery?
- Have you ever seen someone using a bow and arrow?
- What do you think it takes to be a good archer?

During Reading :

- What challenges did Aung Ngeain face?
- How did she train to get better?
- What helped her stay focused on her goal?

After Reading:

- What qualities made Aung Ngeain a great archer?
- Can you think of a time when you practiced something and got better?
- Why is it important to believe in yourself?

Activities:

- Archery Basics: Learn about parts of a bow and how the sport is played (use visuals if possible).
- History Hunt: Create a timeline of archery in history—from hunting to Olympics.
- My Goal Chart: Students write or draw one thing they want to get better at and how they will practice.
- Strong Mind, Strong Body: Discuss how sports and activities help our bodies and minds grow.

Expected Outcomes

Children will feel motivated to pursue their interests, appreciate the importance of perseverance, and understand that effort and passion are key ingredients for success in any field.

Applicable SDGs

- SDG 3: Good Health and Well-being
- SDG 4: Quality Education SDG 5: Gender Equality

SDG Explanation

- SDG 3: Promotes physical health and wellness through sport.
- SDG 4: Highlights learning through practice and mentorship.
- SDG 5: Breaks gender stereotypes through Aung Ngeain's achievement in a traditionally maledominated sport.

ABOUT ZAMASAMA

Zamasama is a nonprofit initiative that curates children's stories from diverse cultures and lived experiences around the world. It gives children a window into other communities—and a mirror that affirms their own, helping children recognize the shared humanity that connects us across differences.

Through narratives that gently challenge biases and broaden worldviews, Zamasama helps children see difference not as a barrier but as a bridge. Through the power of stories, we sow the seeds of pluralism that can grow into a more harmonious world for all.