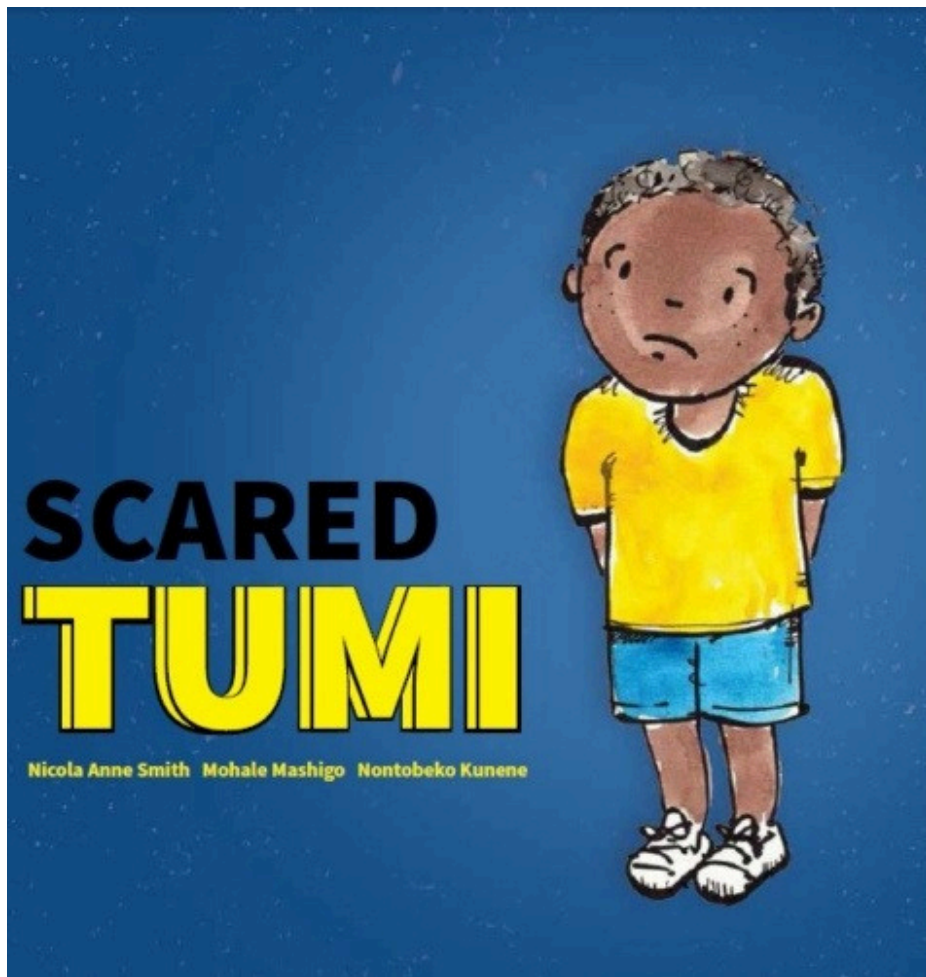


ZAMASAMA PRESENTS

A Guide for Teachers and Parents



Written by Mohale Mashigo
Illustrated by Nicola AnneSmith

THEMES

Social & Emotional learning

Family& Friends

Health & Wellbeing

Story Discussion Guide

- Understand the impact of homelessness on children.
- Recognize global housing insecurity and its effect on education.
- Reflect on social exclusion and bullying due to poverty.
- Cultivate empathy and respect for all peers.
- Inspire strength and hope in children facing hardship.

LESSON PLAN

This story can be used to help young children build emotional vocabulary and recognize that it's okay to feel scared. Use storytelling, role-play, and drawings to help them express and cope with fears.

Discussion Questions

Before Reading:

- Have you ever felt scared of something? - What helps you feel better when you're frightened?

During Reading:

- What is Tumi scared of here?
- How do her mother, sister, and teacher respond?

After Reading:

- Do you think Tumi still feels scared at the end? Why or why not?
- What could you do if a friend is feeling scared?

Activities:

1. Draw Your Fear: Children can draw something they are scared of and share how someone might help them.
2. Role-Play Reassurance: Pair students to act out comforting one another like Tumi's sister or teacher.
3. Make a 'Comfort Box': Create a class comfort box filled with calming items or notes children can turn to when anxious.
4. Story Retelling: Have children retell the story using puppets or soft toys, reinforcing the idea of supportive responses to fear.

OUTCOME

Children will:

- Understand that fear is a common emotion. Everyone feels scared sometime or the other – even adults do, too!
- Learn how to voice their feelings and seek support.
- Gain courage and reassurance through imaginative and grounded solutions.
- Develop empathy for others who may feel scared.

Applicable SDGs:

- SDG 3 – Good Health and Well-being
- SDG 4 – Quality Education

SDG Explanation

- SDG 3: The story promotes emotional health in young children by normalizing fear and offering supportive ways to manage it.
- SDG 4: Through the teacher character, the story reinforces the role of schools and caregivers in helping children express and manage emotions constructively.

Curriculum Alignment

Rent Party Jazz
Sharing Hope
The Strong Woman is My Mother

ABOUT ZAMASAMA

Zamasama is a nonprofit platform that brings together stories from around the world to help children discover that beneath our differences—of culture, language, or belief—we share the same hopes, joys, and dreams. Today’s children are tomorrow’s citizens, and the responsibility of building a more peaceful, tolerant, and empathetic world lies with them. That’s why it’s vital to instill these values early—through stories that help them rise above the biases they inherit, and see diversity as a strength that unites us all.