

Muthu and Kappu

A Guide for Teachers and Parents



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THEMES

Health & Wellbeing

Social & Emotional Wellbeing

Culture & Tradition

SUB-THEMES

Challenging Superstitions

Personal Growth

Empathy Toward Animals

Family Bonds

Story Discussion Guide

- Understand how superstitions and biases can affect behavior.
- Reflect on how personal experience can replace inherited fear or biases.
- Recognize the value of kindness and open-mindedness.
- Practice thinking critically about what they hear or believe.

Lesson plan

Muthu and Kappu’s story is an excellent tool to introduce children to rational thinking, emotional growth, and social empathy. Students will explore how unfounded beliefs and all biases – whether of animals or peoples, can be replaced with understanding through experience and reflection.

Activities:

- Fear to Friendship: Children draw or write about something they were once afraid of and how they overcame it.
- Superstition Sorting: Provide a list of common beliefs; children decide if they are facts, superstitions, or need more evidence.
- Class Debate: 'Do you think all superstitions are bad?' Let students share viewpoints in a guided discussion.

Expected Outcomes

Children will understand how inherited beliefs can shape perception and how empathy, inquiry, and direct experience can reshape it. They’ll build critical thinking and a deeper appreciation for inclusivity and rational reflection

Applicable SDGs

- SDG 4: Quality Education
- SDG 10: Explanation of SDG Relevance:

SDG Explanation

- SDG 4: Encourages critical thinking and exploration of beliefs and perspectives.
- SDG 10: Promotes inclusion by challenging stereotypes and biases.

ABOUT ZAMASAMA

Zamasama is a nonprofit initiative that curates children's stories from diverse cultures and lived experiences around the world. It gives children a window into other communities—and a mirror that affirms their own, helping children recognize the shared humanity that connects us across differences. Through narratives that gently challenge biases and broaden worldviews, Zamasama helps children see difference not as a barrier but as a bridge. Through the power of stories, we sow the seeds of pluralism that can grow into a more harmonious world for all.