

My Little Garden

A Guide for Teachers and Parents



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THEMES

Environment & Conservation

Community Action

Family & Friends

SUB-THEMES

Visual Storytelling

Story Discussion Guide

- Observe how transformation can begin with small acts of care
- Understand the value of cleanliness, gardening, and environmental care
- Build visual literacy through storytelling without words
- Recognize that even children can be change-makers in their community

Lesson plan

This lesson supports visual storytelling, ecological awareness, and intergenerational collaboration— prompting children to ‘read’ through images and actions.

Before Reading:

- Have you helped someone plant something?
- What would you do if you saw a lot of trash in a field?
- What are your favorite things to see in a garden?

During Reading :

- Ask: What do you think is happening on this page?
- Let children describe actions and predict what comes next.

After Reading:

- How did the space change from beginning to end?
- What did the father and son do together?
- How do you think the plants made them feel?

Activities:

- Trash to Treasure: Create art using clean recyclable items.
- Mini Garden: Plant seeds in reused containers as a class project.
- Wordless Storytime: Ask children to narrate the story in their own words or act it out.

Expected Outcomes

Children will develop environmental awareness, empathy for their surroundings, and the ability to tell stories using images, actions, and imagination.

Applicable SDGs

- SDG 3: Good Health and Well-being
- SDG 11: Sustainable Cities and Communities
- SDG 13: Climate Action
- SDG 15: Life on Land

SDG Explanation

- SDG 3: Encourages emotional well-being and positive self-image.
- SDG 5: Challenges appearance-based biases, especially those impacting boys and girls differently
- SDG 10: Promotes self-acceptance and celebrates diversity in appearance and identity

ABOUT ZAMASAMA

Zamasama is a nonprofit initiative that curates children's stories from diverse cultures and lived experiences around the world. It gives children a window into other communities—and a mirror that affirms their own, helping children recognize the shared humanity that connects us across differences. Through narratives that gently challenge biases and broaden worldviews, Zamasama helps children see difference not as a barrier but as a bridge. Through the power of stories, we sow the seeds of pluralism that can grow into a more harmonious world for all.