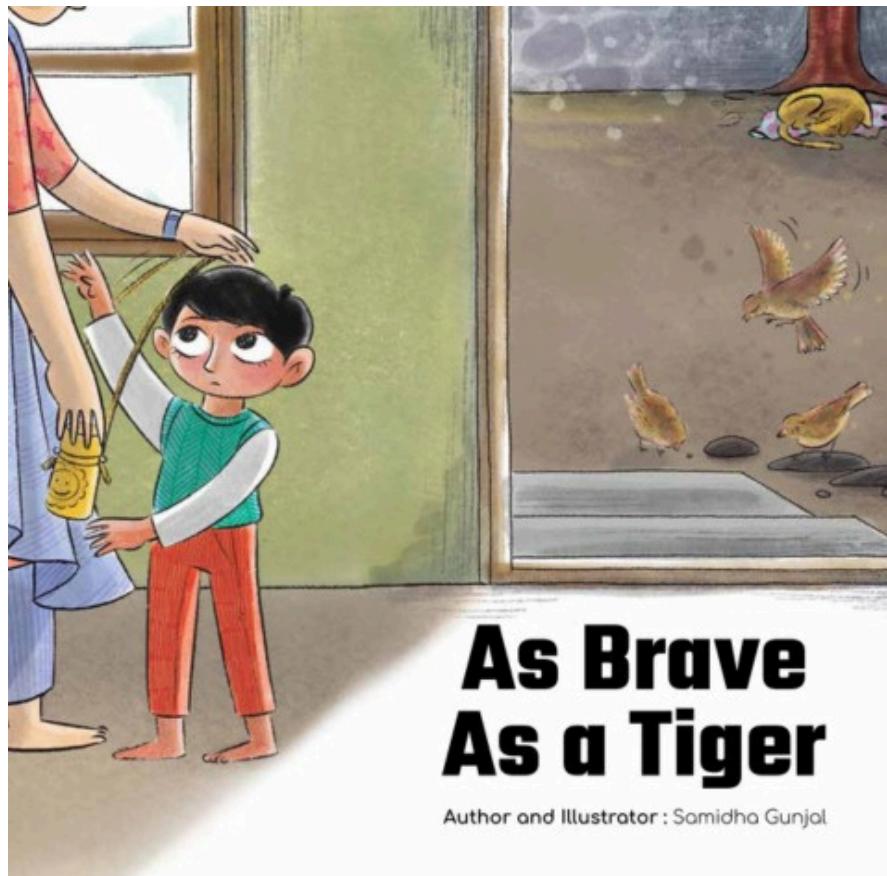


# As Brave as a Tiger

A Guide for Teachers and Parents



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## THEMES

SEL

Culture & Tradition

Family & Friends

## SUB-THEMES

Irrational fears

Folk traditions

Wordless Book

Festivals

# Story Discussion Guide

Students explore fear, courage, and cultural celebration through story, art, and discussion.

## For Ages 3–5:

By the end of the story, children will be able to:

- Recognize basic feelings such as fear, surprise, and happiness. Understand that
- something that looks scary at first may not actually be dangerous. Learn that
- festivals are joyful celebrations where people dress up, dance, and have fun. Begin to understand that children everywhere enjoy celebrating in different ways.
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## For Ages 5–8:

By the end of the story, students will be able to:

- Understand that fear is sometimes an instinctive reaction to unfamiliar sights.
- Recognize that unfamiliar appearances can lead to wrong assumptions or early biases.
- Learn to question their first fears and seek understanding before judging.
- Appreciate that children across the world love taking part in festivals and celebrations, even though traditions, costumes, and expressions may look very different.
- Understand how courage grows through knowledge, empathy, and experience.

# Learning Outcome

## **TEACHER REFLECTION PROMPTS (Bias, Fear & First Impressions)**

- When have my students shown fear of something simply because it was unfamiliar?
- How can I help children pause before forming judgments based on appearance alone?
- How can stories like this gently challenge early biases without creating fear or shame?
- In what ways can I use global festivals to help children see joy as a shared human experience, even when customs look different?

## **REFINED EXPECTED OUTCOME (Zamasama Core Message)**

Children understand that fear is often rooted in the unfamiliar, and that when they learn more about what they fear, misunderstanding can turn into joy, connection, and participation. They also learn that children everywhere in the world love to celebrate festivals, even though the music, costumes, food, and traditions may look different. This story reinforces Zamasama's core message of one common humanity.

## **FESTIVAL COMPARISON CLASSROOM ACTIVITY**

### **Objective:**

To help children understand that while festivals may be celebrated in different ways around the world, the feelings of joy, togetherness, and excitement are universal.

### **Discussion Prompts:**

- What festival do you celebrate at home?
- What special clothes do you wear?

- What food do you eat?
- Is there music, dancing, decorations, or special prayers?
- Who do you celebrate with?
- How does it make you feel?

## **Classroom Activity:**

Each child draws or shares one festival they celebrate. The teacher creates a class chart with:

- Name of the festival
- What they wear
- What they eat
- How they celebrate
- How it makes them feel

## **Conclusion:**

Discuss how even though celebrations look different around the world, the feelings of happiness, excitement, and togetherness are shared by children everywhere.

## **Activities:**

1. Fear-to-brave drawing
2. Festival mask making
3. Helping a scared friend role-play

## **Expected Outcome:**

Children learn that courage grows with love, understanding, and shared humanity – the Zamasama message.

## Applicable SDGs

SDG 3 – Good Health & Wellbeing:

Supports children's emotional wellbeing by helping them understand fear, reassurance, and feeling safe.

SDG 4 – Quality Education:

Encourages learning through cultural stories, festivals, and social-emotional understanding.

SDG 10 – Reduced Inequalities:

Helps children question first impressions and reduce bias toward unfamiliar people and traditions.

## Vertical Alignment of Stories:

### Ages 3–5:

**The Ok Om Bok Festival:** The children eagerly look forward to the Harvest Festival in which they make special dishes and let off paper lanterns in the sky.

### Ages 5–8:

**The Best Doll Festival, Ever!:** Not wanting to miss out on the celebration of 'Golu' part of the Navratri Festival the children decide to set up their own display of dolls.

**Dancing on Walls:** The Warli tribe is busy preparing for the Harvest Festival and get a surprise inclusion of a unique art form.

**Easter Cookies in Bethlehem:** Mrs Hala rounds up friends and family to ensure that Mrs Mary could celebrate Easter in her traditional manner in spite of her broken hand.

**Ages 8-10:**

**Butet's Biggest Adventure:** Butet works in the forest to educate the Orang Rima, a forest dwelling tribe who were taken advantage of because of their tribal status and illiteracy.

**Ages 10-12:**

**Grace Banu Finds her Voice:** Grace Banu had to overcome many challenges owing to her big difference; she was born in a low caste family plus was a transgender indicating of peoples intolerance of those who 'did not belong' to the mainstream.

## **ABOUT ZAMASAMA**

Zamasama is a nonprofit platform that brings together stories from around the world to help children discover that beneath our differences—of culture, language, or belief—we share the same hopes, joys, and dreams. Today's children are tomorrow's citizens, and the responsibility of building a more peaceful, tolerant, and empathetic world lies with them. That's why it's vital to instill these values early—through stories that help them rise above the biases they inherit, and see diversity as a strength that unites us all.