

# A-Fish-And-A-Gift

A Guide for Teachers and Parents



Written by Lavanya Karthik

Illustrated by Lavanya Karthik

## THEMES

Culture & Tradition

Family & Friends

## SUB-THEMES

Social & Emotional Learning

Livelihood & Occupations

# Story Discussion Guide

- Understand how war and civil unrest affect children.
- Explore how creativity can be a tool for healing and expression.
- Recognize that children around the world share common dreams, like becoming artists.
- Reflect on the emotional trauma of displacement and how small actions can support others

## Lesson Plan

Use creative storytelling, empathy-building, and art-based activities to help students understand the emotional toll of displacement and the healing power of imagination.

## Learning Outcome

### Before Reading:

- What is art to you? Do you need paints or materials to make art?
- Have you ever lost something important to you?

### During Reading:

- How does the boy try to make art without his brushes?
- What feelings do you think he is experiencing?
- How does his view of being an artist change?

## During Reading:

- What are some reasons children might be left out or teased in school?
- How do you think it feels to be called names or treated unfairly just because you're poor?
- What can we do to be kinder and more supportive friends?

## Activities :

### 1. In My Little Bag (Reflection + Art)

Ask students to imagine they must pack a small bag quickly and leave home.

- What 3–5 items would they take?
- Draw or write about each item.
- Discuss: What would you miss most? Why?

### 2. Nature Collage (Art)

Let children use leaves, petals, twigs, and scrap paper to make their own art piece—just like the boy.

3. Windowpane Sketches (Sensory + Creativity) Use clear plastic or transparency sheets and washable markers to let students draw using their fingers, imagining a foggy window.

4. Global Artists Gallery (Research or Visual Sharing) Explore stories of refugee children who use art to express themselves (UNHCR or UNICEF campaigns).

## Expected Outcomes

- Increased empathy and understanding of displaced children's experiences
- Appreciation for art as an emotional and expressive tool
- Recognition of trauma in a gentle, age-appropriate manner
- Ability to link emotions to creative expression

## Applicable SDGs

- SDG 4: Quality Education
- SDG 10: Reduced Inequalities
- SDG 16: Peace, Justice and Strong Institutions

## SDG Explanation

- SDG 1: Highlights the impact of poverty and unemployment on families.
- SDG 10: Focuses on social exclusion and peer discrimination faced by homeless children.
- SDG 16: Promotes empathy, fairness, and inclusion for all children

## ABOUT ZAMASAMA

Zamasama is a nonprofit platform that brings together stories from around the world to help children discover that beneath our differences—of culture, language, or belief—we share the same hopes, joys, and dreams. Today's children are tomorrow's citizens, and the responsibility of building a more peaceful, tolerant, and empathetic world lies with them. That's why it's vital to instill these values early—through stories that help them rise above the biases they inherit, and see diversity as a strength that unites us all.