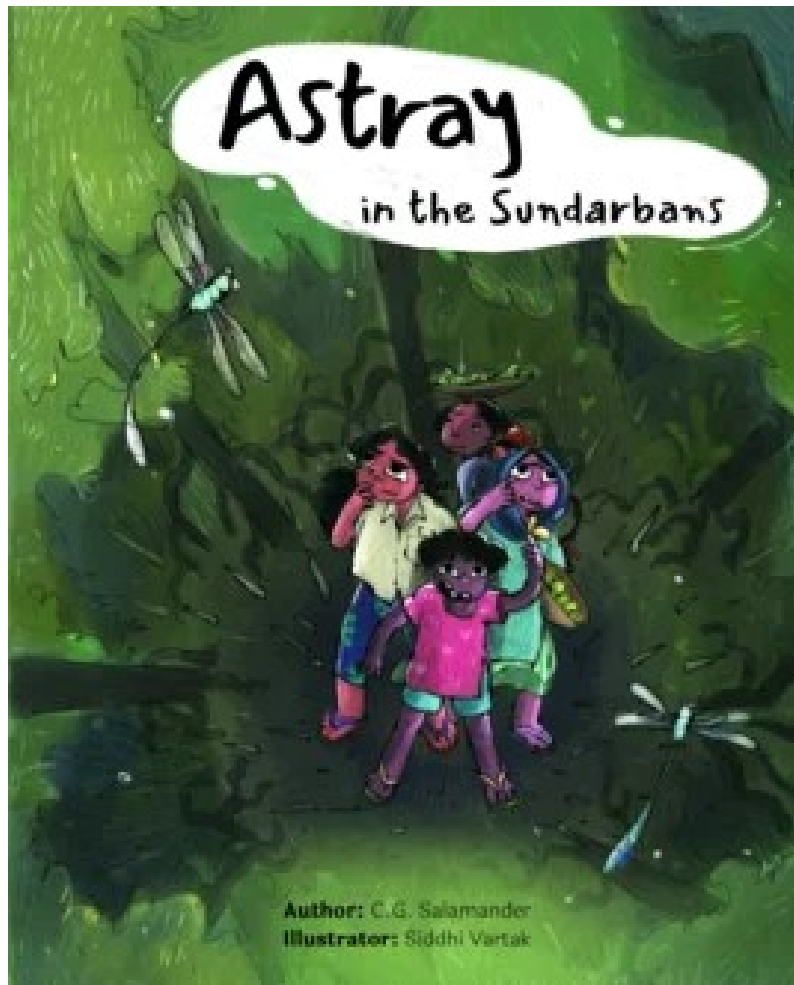


Astray in the Sundarbans

A Guide for Teachers and Parents



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THEMES

Livelihoods &
Community Life

SEL

Environment &
Conservation

Geography & Ecology

Life in the Sundarbans

Geography shapes
livelihoods

Calm problem-solving

Tidal flooding

Myths and beliefs

Teamwork and
responsibility

Wildlife awareness

Story Discussion Guide

- Understand the impact of homelessness on children.
- Recognize global housing insecurity and its effect on education.
- Reflect on social exclusion and bullying due to poverty.
- Cultivate empathy and respect for all peers.
- Inspire strength and hope in children facing hardship.

LESSON PLAN

A session exploring Sundarbans geography, tide-based challenges, calm problem-solving, and cultural beliefs.

Full Lesson Plan

Warm-Up Questions :

1. Have you ever been in nature where you depended on your surroundings?
2. What do you know about tides?
3. How does where you live influence your daily life?

During Reading:

1. How do tides affect life in the Sundarbans?
2. How did Bheema help the group?
3. Why do communities tell stories about spirits?
4. What can we learn from the children's teamwork?

After Reading:

1. What did you find funniest in the story?
2. How did the girl challenge the usual "princess" role?
3. Why do you think role-play is fun?
4. How did the boy show courage even when scared?
5. How did both friends help each other?

Activities:

1. Map of the Sundarbans – draw rivers, mangroves, and villages.
2. Calm Mind Practice – Stop, Breathe, Think, Act.
3. Livelihoods Around the World – compare global communities.
4. Model Mangrove – make root systems with clay or paper.
5. Create a Forest Spirit – design your own protective spirit.

OUTCOME

Children will be able to:

1. Describe how families depend on the Sundarbans for their livelihoods.
2. Explain why calm thinking and teamwork matter in emergencies.
3. Understand tides and how they change the landscape.
4. Identify features of mangrove ecosystems.
5. Recognize the role of myths like Dakshin Rai.
6. Appreciate global differences in livelihoods.
7. Reflect on responsibility and protecting fragile environments.

Applicable SDGs:

- SDG 13 – Climate Action
- SDG 14 – Life Below Water
- SDG 15 – Life on Land
- SDG 8 – Decent Work & Economic Growth

SDG Explanation

SDG 13: Shows impact of tides and fragile ecosystems.

SDG 14 & 15: Highlights mangrove biodiversity.

SDG 8: Demonstrates forest-based livelihoods.

Expected Outcomes

Children learn that:

- Different livelihoods arise from local geography.
- Respect for unique ecosystems.
- Calm decision-making is essential.

Explore Other Relevant Zamasama Stories

Ages 8-10 years - Livelihoods

- A Fish and a Gift
- Angmo's Yak
- The Tale of the Water Hyacinth

5-8 years – Problem Solving

- Rent Party Jazz
- A Very Important Tree
- Jadhav and the Tree Place
- Beti and the Bulldozers

Value Ladder Placement

Ages 8–10: Calm problem-solving, environmental awareness, geography-based livelihoods.

IB Units of Inquiry

- How the World Works
- Sharing the Planet
- Where We Are in Place and Time
- Who We Are

SEO Section

Meta Title: Children’s story about the Sundarbans, tides, and calm problem-solving

Meta Description: A thrilling adventure set in the Sundarbans where children use knowledge and courage to return home.

Alt Text: Children navigating through the Sundarbans mangrove forest with rising tides.

Keywords: Sundarbans story for kids, mangrove forest book, Bangladesh children’s story, tides and geography for kids.

ABOUT ZAMASAMA

Zamasama is a nonprofit platform that brings together stories from around the world to help children discover that beneath our differences—of culture, language, or belief—we share the same hopes, joys, and dreams. Today’s children are tomorrow’s citizens, and the responsibility of building a more peaceful, tolerant, and empathetic world lies with them. That’s why it’s vital to instill these values early—through stories that help them rise above the biases they inherit, and see diversity as a strength that unites us all.