

ZAMASAMA PRESENTS

A Guide for Teachers and Parents



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THEMES

Inclusion & Disability

Community

Racial segregation and injustice

Collective resistance

Apartheid

LEARNING OUTCOME

- Understand Segregation: Identify how unfair rules based on race impacted children and families.
- Explore Courage and Resistance: Examine how the girl's innocent act challenged injustice and inspired others.
- Analyze Bias and Assumptions: Recognize how prejudice is rooted in external factors such as skin color, not ability or worth.
- Reflect on Inclusion Today: Connect lessons from segregation to current issues of fairness, respect, and community solidarity.

LESSON PLAN

Before Reading: Introduce segregation with age-appropriate examples of “unfair rules.” Ask: “What’s a rule that feels unfair to you?”

During Reading: Pause when the girl drinks from the fountain. Discuss why she thought “Whites Only” meant socks.

After Reading: Reflect on how innocence revealed the unfairness of segregation. Discuss how children can stand up for fairness in their own lives.

Discussion Questions

Before Reading:

- Why was the girl told she couldn’t drink from the fountain?
- What did “Whites Only” really mean, and why was it unfair?
- How does the girl’s misunderstanding of “white socks” show the silliness of prejudice?

During Reading:

- What do you think the townspeople learned from the girl’s actions?
- How could her innocence and courage change the way others thought about segregation?
- How would the story be different if everyone had stood up together from the beginning?

After Reading:

- What examples in the story show people being judged for things they cannot control?
- Have you ever seen someone treated unfairly because of how they looked? How did it make you feel?
- What are some ways we can stop judging people based on appearances?

Activities:

- How can we use our own actions to challenge unfairness, even in small ways?
- What can we do in our schools or communities to make sure everyone feels welcome?
- Why is it important to stand with others when they are treated unfairly?

RELEVANT ZAMASAMA STORIES

- [As Fast as Words Can Fly](#) – Resilience and peaceful resistance during segregation.
- [Why is Nita Upside Down?](#) – Bias & inclusion through a disability lens for younger readers.

RELEVANT SDGS

Applicable SDGs:

- SDG 4: Quality Education – by helping children learn about equality and justice.
- SDG 10: Reduced Inequalities – addressing systemic racism and prejudice.
- SDG 16: Peace, Justice, and Strong Institutions – focusing on fairness and equity.

SDG Explanation

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EXPECTED OUTCOMES

Children will understand how prejudice is based on external differences and how courage, even from a child, can expose unfairness. They will reflect on their own role in creating inclusive, fair environments where kindness and equality matter more than appearances.

ABOUT ZAMASAMA

Zamasama is a nonprofit platform that brings together stories from around the world to help children discover that beneath our differences—of culture, language, or belief—we share the same hopes, joys, and dreams.

Today's children are tomorrow's citizens, and the responsibility of building a more peaceful, tolerant, and empathetic world lies with them.

That's why it's vital to instill these values early—through stories that help them rise above the biases they inherit, and see diversity as a strength that unites us all.