

# ZAMASAMA PRESENTS

A Guide for Teachers and Parents



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## THEMES

Culture & Tradition

Family & Friends

Social & Emotional Wellbeing

Growing up

Imagination and folklore

Sibling relationships

# LEARNING OUTCOME

Children will:

- Understand how different cultures celebrate childhood milestones like losing baby teeth.
- Reflect on the emotional experience of change and growing up.
- Appreciate the role of stories and traditions in helping children feel confident.
- Build empathy by comparing Bunu’s tradition with their own.

## LESSON PLAN

This story can be used to spark discussions around traditions, fears, and changes that come with growing up. Students can learn how stories help people cope with emotions and explore diverse cultural rituals.

### Discussion Questions

#### Before Reading:

- Have you ever had a wiggly tooth? What did you do?
- Do you know of any traditions about what to do with a baby tooth when it falls out?

#### During Reading:

- What do you think of Bunu’s different attempts to pull the tooth out?
- How do Bunu’s family members respond to her?
- What feelings do you think Bunu is having at different points in the story?

#### After Reading:

- What do you think the story of Musa the mouse teaches Bunu?
- What would you do with your tooth if you were Bunu?
- Do you think stories like this one can help with fears? Why?

#### Activities:

- Tooth Traditions Around the World: Nepal/India: Toss tooth on roof for a mouse to replace it with a strong one.
- US/UK: Tooth Fairy leaves money under the pillow.
- Spain/Latin America: El Ratón Pérez, a tooth mouse, visits.
- Japan: Upper teeth go under house, lower ones on roof to grow straight.
- Create Your Own Tooth Legend:
- Students write or draw their own tooth fairy or custom ritual.
- Role-play:
- Act out Bunu’s efforts or Musa’s dream visit.
- Craft Activity:
- Make a 'Tooth Box' or paper mouse for storytelling fun.

## RELEVANT ZAMASAMA STORIES

- Nani's Walk to the Park
- [The Memory Tree](#)
- [Stage Fright](#)
- [Why is Nita Upside Down?](#)
- [Rummu is Scared](#)
- Scared Tumi

## RELEVANT SDGS

Applicable SDGs:

- SDG 3: Good Health and Well-being
- SDG 4: Quality Education
- SDG 10: Reduced Inequalities

### SDG Explanation

- SDG 3: The story gently touches on dental care and the emotional aspects of a child's first experience with body change.
- SDG 4: Bunu learns from oral traditions, gaining both courage and cultural knowledge through storytelling.
- SDG 10: Recognizing diverse traditions around the world fosters inclusion and respect for cultural differences.

## EXPECTED OUTCOMES

Students will feel more comfortable talking about emotional milestones like losing a tooth and will begin to appreciate the richness of global traditions. They'll also reflect on how oral storytelling can be both comforting and culturally enriching. Above all, they will understand that childhood transitions are shared across cultures—and that they are not alone in their experiences.

## ABOUT ZAMASAMA

Zamasama is a nonprofit platform that brings together stories from around the world to help children discover that beneath our differences—of culture, language, or belief—we share the same hopes, joys, and dreams.

Today's children are tomorrow's citizens, and the responsibility of building a more peaceful, tolerant, and empathetic world lies with them.

That's why it's vital to instill these values early—through stories that help them rise above the biases they inherit, and see diversity as a strength that unites us all.