

ZAMASAMA PRESENTS

A Guide for Teachers and Parents



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THEMES

Inclusion and Disability

Health and Wellness

Belonging and self-worth

Children in care/orphanages

Social Emotional Learning (SEL)

Empathy and inclusion

LEARNING OUTCOME

Children will:

- Understand that every child wants to feel seen, appreciated, and loved.
- Recognize that trying to be noticed through wrong actions doesn't build true connection.
- Explore how helping others can lead to personal fulfillment and community.
- Reflect on how kindness, creativity, and care lead to belonging.

LESSON PLAN

Using Kadogoo's gentle journey toward belonging, children will explore empathy, imagination, and inclusion—highlighting how small acts of caring and helping can make others appreciate and value one.

Discussion Questions

Before Reading:

- What are some small ways you help at home or in class?
- Have you ever done something kind that made someone smile?

During Reading:

- What are the different ways Kadogoo helps?
- How do you think the other children feel about him?
- Why does Kadogoo want people to remember him?

After Reading:

- Why is it important to make others feel they belong?
- How can we show kindness like Kadogoo?
- What did Kadogoo do that got him the appreciation and caring that he so longed for?
- What makes someone feel appreciated or included?

Activities:

- Kadogoo Kindness Chart: Create a classroom chart where students can write or draw a kind act they've done, like Kadogoo.
- Helping Hands Art: Trace students' hands on paper and write inside them one helpful thing they've done or can do.
- Who's Missing? Role-play or discuss how to include children who are new, quiet, or feel left out—like Kadogoo might have felt.

RELEVANT ZAMASAMA STORIES

- [A Friend for All](#) – Supporting children in need of empathy
- [Feng](#) – Courage in finding connection

RELEVANT SDGS

Applicable SDGs:

- SDG 3: Good Health and Well-being
- SDG 4: Quality Education
- SDG 10: Reduced Inequalities

SDG Explanation

- SDG 3: Promotes emotional well-being and mental health by highlighting the value of care, empathy, and belonging.
- SDG 4: Supports learning through action, inclusion, and understanding of different childhood contexts.
- SDG 10: Encourages recognition and respect for children from diverse and underrepresented living situations.

EXPECTED OUTCOMES

Children will understand that caring and kindness leaves a lasting impact. They will recognize the value of every child's contribution, no matter how small or quiet, and explore empathy for those from different backgrounds.

ABOUT ZAMASAMA

Zamasama is a nonprofit platform that brings together stories from around the world to help children discover that beneath our differences—of culture, language, or belief—we share the same hopes, joys, and dreams.

Today's children are tomorrow's citizens, and the responsibility of building a more peaceful, tolerant, and empathetic world lies with them.

That's why it's vital to instill these values early—through stories that help them rise above the biases they inherit, and see diversity as a strength that unites us all.