

ZAMASAMA PRESENTS

A Guide for Teachers and Parents



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THEMES

Individual Action

Perseverance

Real-Life Heroes

Environment & Conservation

Nature & Biodiversity

LEARNING OUTCOME

Children will:

- Understand the role of individual action in environmental conservation.
- Recognize how tree planting restores ecological balance and biodiversity.
- Be inspired by real-life heroes who protect nature.
- Appreciate that age is no barrier to making a difference in the world.
- Learn how degraded ecosystems can be revived through perseverance and care.

LESSON PLAN

This lesson explores how one individual can combat deforestation and environmental degradation. Students will examine Jadav’s journey and reflect on how small efforts can lead to big changes. The activities aim to connect children with their local environment and spark ideas for positive action.

Discussion Questions

Before Reading:

- Have you helped someone plant something?
- What would you do if you saw a lot of trash in a field?
- What are your favorite things to see in a garden?

During Reading:

- Why were the snakes dying along the riverbank?
- How did Jadav respond when he saw the problem?
- What challenges do you think he might have faced?
- How did the forest grow over time?

After Reading:

- Do you think it was easy for Jadav to keep going all those years?
- What made him keep trying, even if nobody helped at first?
- Have you ever tried to fix a problem around you? What was it like?

Activities:

- Tree Mapping Exercise: Have students draw or list local trees they know and their benefits (e.g., fruit, shade, animals they support).
- Mini Action Plan: Each child creates a “Green Pledge” – one small action they will take (e.g., reduce plastic, plant a sapling).
- Science Connection: Discuss how trees impact temperature, air quality, and biodiversity.
- Biography Link: Research Jadav Payeng’s real-life forest and compare facts with the story.
- Art Project: Create a “Before and After” mural showing a barren place turning into a forest.

RELEVANT ZAMASAMA STORIES

- [A Very Important Tree](#) – A story about protecting a sacred tree and the value of local conservation.
- [My Little Garden](#) – A young girl discovers joy and pride as she nurtures a tiny garden of her own.
- [A Tiny Seed](#) – Follow the magical journey of a seed that transforms into a towering flower, showing the beauty of patience and growth.

RELEVANT SDGS

Applicable SDGs:

- SDG 13: Climate Action
- SDG 15: Life on Land
- SDG 4: Quality Education (when used to raise environmental awareness)

SDG Explanation

- SDG 13 (Climate Action): The story promotes awareness of climate resilience and how grassroots action can fight environmental degradation.
- SDG 15 (Life on Land): Jadav's tree planting restores biodiversity and reclaims ecosystems.
- SDG 4 (Quality Education): Educators can use this story to teach children about ecological stewardship and inspire civic responsibility.

EXPECTED OUTCOMES

Children will:

Feel empowered to take small steps to protect nature.

Develop empathy for ecosystems and wildlife.

Be inspired by youth-led environmental change.

Understand that protecting the Earth is everyone's responsibility.

Begin seeing themselves as potential changemakers.

ABOUT ZAMASAMA

Zamasama is a nonprofit platform that brings together stories from around the world to help children discover that beneath our differences—of culture, language, or belief—we share the same hopes, joys, and dreams.

Today's children are tomorrow's citizens, and the responsibility of building a more peaceful, tolerant, and empathetic world lies with them.

That's why it's vital to instill these values early—through stories that help them rise above the biases they inherit, and see diversity as a strength that unites us all.