ZAMASAMA PRESENTS

A Guide for Teachers and Parents



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Family & Friends





Inclusion & Disability

LEARNING OUTCOME

Children will:

- Understand how visually impaired individuals navigate the world using other senses.
- Appreciate the value of resilience and resourcefulness in overcoming challenges.
- Reflect on the importance of inclusion and empathy.
- Learn to celebrate differences and capabilities in others.

LESSON PLAN

This story helps children understand and appreciate different abilities and encourages inclusive thinking and empathy through observation and discussion.

Discussion Questions

Before Reading:

- What are the different senses we use every day?
- Have you ever tried finding your way in the dark?

During Reading:

- How does the boy know where to go without seeing?
- What sounds and smells help him along his journey?

After Reading:

- What do you think it feels like to be blind?
- How did the sister's view change by the end of the story?
- What can we do to help a friend who sees the world differently?

Activities:

- Senses Chart: Identify sounds, smells, and textures around them and write what each sense tells them.
- **Empathy Circle:** Share a moment when they had to do something difficult and how they felt encouraged.
- **Mystery Box Challenge**: Prepare a box filled with objects that have distinct textures, shapes, smells, or sounds (e.g., garlic pod, bell, sponge). Blindfolded children take turns reaching into the box and identifying items using their senses.

RELEVANT ZAMASAMA STORIES

- <u>Machher Jhol</u>
- <u>Abdul's Story</u>
- The Song in Her Heart
- <u>A Friend for All</u>

RELEVANT SDGS

Applicable SDGs:

- SDG 4 Quality Education
- SDG 10 Reduced Inequalities

SDG Explanation

- SDG 4 promotes accessible education for all children, including those with visual impairments.
- SDG 10 encourages inclusive societies that reduce barriers and promote equity for people with disabilities.

EXPECTED OUTCOMES

Children will develop empathy for people with visual impairments and learn how other senses help compensate for loss of sight. They will be encouraged to appreciate everyone's unique strengths and respect each person's way of navigating the world.

ABOUT ZAMASAMA

Zamasama is a nonprofit platform that brings together stories from around the world to help children discover that beneath our differences—of culture, language, or belief—we share the same hopes, joys, and dreams.

Today's children are tomorrow's citizens, and the responsibility of building a more peaceful, tolerant, and empathetic world lies with them.

That's why it's vital to instill these values early—through stories that help them rise above the biases they inherit, and see diversity as a strength that unites us all.