

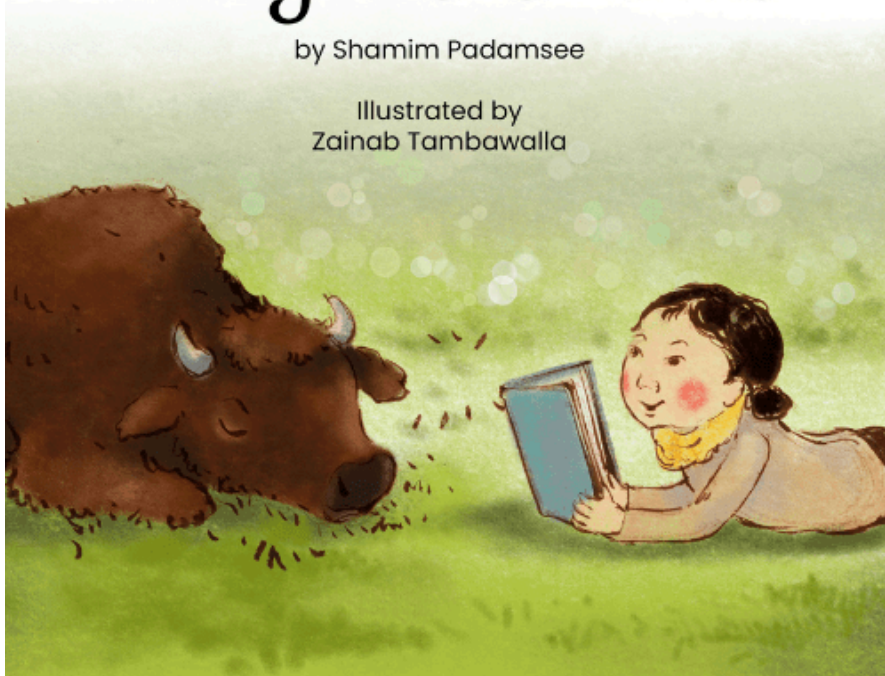
ZAMASAMA PRESENTS

A Guide for Teachers and Parents

ANGMO'S YAK

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THEMES

Family & Friends

Culture & Tradition

Environment & Conservation

Pets

Prayer and faith

Mountain ecology and regional wildlife

LEARNING OUTCOME

Children will:

- Understand the emotional bonds between humans and animals.
- Explore Ladakhi culture and rural life practices.
- Learn about mountain animals like marmots, kiang, and choughs.
- Recognize how responsibility, prayer, and perseverance can shape actions.
- Reflect on how love and intuition guide choices.

LESSON PLAN

This story brings together emotion, nature, and cultural practices. It encourages students to explore how children live in different environments, and how animals and traditions shape their world. Through storytelling and creative play, students reflect on relationships, worry, and hope.

Discussion Questions

Before Reading:

- Have you ever cared for an animal or pet? What did it feel like?
- Do you know what a yak is? Where do they live?
- What do you do when someone you love is far away?

During Reading:

- Why does Angmo love Yakzu so much?
- How does she show her care and worry for Yakzu?
- What do the prayer wheels and flags mean in the story?

After Reading:

- Why did Angmo decide to search for Yakzu on her own?
- What helped her find Yakzu in the end?
- Can faith or memories help us when we are sad or scared?

Activities:

- Animal Friend Map: Draw or paint your favorite animal and describe how you would care for it.
- Julley From Ladakh!: Learn and greet each other with “Julley,” and discuss Ladakhi customs.
- Prayer Flag Wishes: Make paper prayer flags with wishes for people or animals we love.
- Wildlife Match-Up: Match mountain animals (marmot, kiang, chough) with their names and sounds.

RELEVANT ZAMASAMA STORIES

- [Bounthy's Singing Birds](#) – Rescue and release of caged birds
- [A Very Important Tree](#) – Tree care linked with habitat for animals
- [The River Warrior](#) – Cleaning rivers to restore aquatic life
- [A Fish and a Gift](#) – Fishing community livelihood
- [The Tale of the Water Hyacinth](#) – River-based life disrupted by invasive plants
- [The Mess That We Made](#) – Caring for Marine Life

RELEVANT SDGS

Applicable SDGs:

- SDG 3 – Good Health and Well-being
- SDG 4 – Quality Education
- SDG 15 – Life on Land

SDG Explanation

- SDG 3: Highlights emotional wellbeing through love, worry, and reunion.
- SDG 4: Encourages learning through experience, observation, and storytelling.
- SDG 15: Introduces children to high-altitude wildlife and the importance of pasture lands.

EXPECTED OUTCOMES

Children will connect emotionally to themes of friendship, worry, and joy. They will appreciate rural lifestyles, traditional practices like prayer flags, and the importance of protecting both friendships and the land we live on.

ABOUT ZAMASAMA

Zamasama is a nonprofit platform that brings together stories from around the world to help children discover that beneath our differences—of culture, language, or belief—we share the same hopes, joys, and dreams.

Today's children are tomorrow's citizens, and the responsibility of building a more peaceful, tolerant, and empathetic world lies with them.

That's why it's vital to instill these values early—through stories that help them rise above the biases they inherit, and see diversity as a strength that unites us all.