

ZAMASAMA PRESENTS

A Guide for Teachers and Parents



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Illustrated by Eight young artists with hearing disabilities

THEMES

Hearing Impairment & Inclusion

Traditional Dance & Cultural Pride

Community Celebration

Grandparent-Grandchild Relationships

Confidence, Perseverance & Self-Expression

LEARNING OUTCOME

Children will:

- Understand how hearing impairments can impact participation in group activities.
- Appreciate the importance of inclusive practices in schools and communities.
- Recognize how traditional arts can empower and connect individuals.
- Reflect on perseverance and emotional support from loved ones.
- Empathize with peers who may be facing challenges.

LESSON PLAN

This lesson explores how children with physical impairments can fully participate in cultural traditions with the right support. It emphasizes empathy, creativity, and inclusion, showing that expression takes many forms.

Discussion Questions

Before Reading:

- What is something you love doing that took time to learn?
- Have you ever felt left out of something? How did that feel?

During Reading:

- Why does Ringluia hesitate to dance at first?
- What role does her grandmother play in helping her build confidence?
- How does Ringluia begin to sense the rhythm?

After Reading:

- How can we make sure all children feel included, even if they have hearing or other disabilities?
- Why do you think Ringluia succeeds in the end?
- What would you do if you saw someone being excluded?

LESSON PLAN

Activities:

- **Feel the Beat:** Students close their eyes while a drum or table is tapped. They place a hand on the surface to sense rhythm through vibration.
- **Cheraw Dance Demo:** Watch a short video of the Cheraw dance. Use two broom handles or yardsticks (safely) to let students try simple steps, ensuring inclusive adaptations.
- **Grandparent Wisdom:** Children interview a grandparent or elder about a cultural tradition they love and share the story with the class (picture or short paragraph).
- **Inclusion Brainstorm:** In groups, brainstorm ways the class can include peers with different abilities (visual, hearing, mobility) in games and lessons. Make an 'Inclusion Promise' poster.

RELEVANT ZAMASAMA STORIES

- Abdul's Story – Overcoming learning challenges.
- Thank You, Mr Falker – Dyslexia and supportive teachers.
- My Brother Charlie – Autism awareness and sibling empathy.

RELEVANT SDGS

Applicable SDGs:

- SDG 4 – Quality Education
- SDG 10 – Reduced Inequalities
- SDG 16 – Peace, Justice & Strong Institutions
- SDG 11 – Sustainable Cities and Communities

SDG Explanation

- SDG 4 – Quality Education
- SDG 10 – Reduced Inequalities
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EXPECTED OUTCOMES

- Greater awareness of physical disabilities and inclusion.
- Appreciation of Northeast India’s traditional dance and music.
- Strengthened empathy and emotional connection with peers.
- Recognition of the role of family and elders in nurturing confidence.



ABOUT ZAMASAMA

Zamasama is a nonprofit platform that brings together stories from around the world to help children discover that beneath our differences—of culture, language, or belief—we share the same hopes, joys, and dreams.

Today’s children are tomorrow’s citizens, and the responsibility of building a more peaceful, tolerant, and empathetic world lies with them.

That’s why it’s vital to instill these values early—through stories that help them rise above the biases they inherit, and see diversity as a strength that unites us all.

